

## What to Expect

- Different outdoor activities for you to experience the Bulgarian nature.
- A very favourable climate with a warm summer and a snowy winter!
- Visits to events such as the Vazduharia paragliding festival and the famous Festival of the Roses.
- 4-week language course in Sofia, and seminars with other exchange students throughout the year.
- Placement with a host family somewhere in the country and a local host school for you to attend.

For more information about studying in Bulgaria for your YFU exchange, check out the 'Welcome to Bulgaria' page on our website: [www.yfu.bg](http://www.yfu.bg)

If you want to find out more about life in Bulgaria, check out our blog at [www.yfubulgaria.blogspot.com](http://www.yfubulgaria.blogspot.com)



Youth for Understanding Bulgaria

bul. Tsar Osvoboditel 8, level 5

1000 Sofia

Bulgaria

+359 42230329

[info@yfu.bg](mailto:info@yfu.bg)

Photos by Bobi Dimitrov, Iliyan Gochev, Harry Fraser, Haralambi Haralambiev, Plamen Stoev, Tom Schulze, Rumena Zlatkova.

Licensed under Creative Commons



## YFU Bulgaria Four Seasons Outdoor Program



## Bulgaria's Four Seasons

Bulgaria has hot summers, cold, snowy winters, and four very distinct seasons.



In summer most of the country has average temperatures between 25-30°C (77-86°F). July is the best month to head to the Black Sea coast, as the temperature in the water tends to hover at around 24°C (75°F).

Winter in Bulgaria has average temperatures of around 0-5°C (32-41°F). The mountainous districts can get much colder, and Bulgaria has some famous winter sport destinations. The country has moderate snowfalls from November to March.

### Autumn ( / esen)



- One- and two-day programs with the Bulgarian scouts, including mountains, lakes, caves and waterfalls.
- Experience the Vazduharia paragliding festival! Activities include aeromodelling, kite-flying, and 'slack line' walking.

### Winter ( / zima)



- A trip to the beautiful Rila Mountains for a chance to ski and ice-skate.
- One- and two-day winter hiking tours.
- A visit to a mountaineering school to learn the basics of mountaineering and do some climbing.

### Spring ( / prolet)



- A ropes course outside Sofia, including rope bridges, rope ladders and an artificial climbing wall.
- A mountain hike in Stara Planina.
- Attend the famous Rose Valley Festival in Kazanluk.

### Summer ( / lyato)



- Spend a weekend visiting an eco-farm in a beautiful mountainous location, and assist on a project to help preserve indigenous Bulgarian breeds and agriculture.
- Horse-riding lessons.

Note: Activities are just examples, and may change during your exchange year.